



ISLAND OF SAFETY

# Crisis Nursery



## NEWSLETTER

april 2017

- in this issue:**
- 2 | Director's Message • Giving Back
  - 3 | Camp Jackpine: A Happy Place to Play
  - 4 | Safe Children and Strong Families - An Island of Safety
  - 6 | Honors and Memorials • Board Corner
  - 7 | Upcoming Events • Immediate Nursery Needs

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## Bright, Open Spaces

By Stephanie Record, Ed.M, LCSW  
Executive Director  
srecord@crisisnursery.net



Dear Friends,

It's hard to believe it's been a year since we started using our newly expanded building space! The new space is an incredible gift from our community to the children and families we serve at Crisis Nursery. So from all of us to all of you who donated to our capital campaign - THANK YOU!!

The bright, open spaces in the expansion, including more playrooms, a larger kitchen, four bedrooms and two kid friendly bathrooms, make it possible to serve more children. The indoor playspace recently named "Camp Jackpine," a new outdoor playground and a music and art room enhance the warm, welcoming environment provided for children who need to feel safe and secure.

April is nationally recognized as Child Abuse Prevention Month, but for all of us at Crisis Nursery EVERY month is Child Abuse Prevention Month. Preventing child abuse and neglect is a year-round effort. Here are a few ways you can make a difference:

**LEARN:** Call (217) 337-2731 to schedule a tour of Crisis Nursery and learn more about how we help children and families in Champaign County.

**DONATE:** Mail a donation in the enclosed envelope or pick up some items from our needs and wish list to help the Nursery stay open 24 hours a day, every day.

**VOLUNTEER:** From childcare to special events, the gift of your time will make a huge difference for our "Island of Safety." Visit [www.crisisnursery.net](http://www.crisisnursery.net) to apply.

**SPREAD THE WORD:** Connect with us on Facebook ([crisisnursery.fanpage](https://www.facebook.com/crisisnursery.fanpage)), Instagram ([crisisnurseryurbana](https://www.instagram.com/crisisnurseryurbana)) and Twitter (@CrisisNursery) and share with friends and family.

Special thanks to everyone - donors, staff and volunteers - who make our mission possible. **We'd like to invite all of you to our Community Open House Sunday, April 30 from 2-4pm.** Tour our newly expanded building, learn more about our programs and services and help us honor and thank all of you who help spread awareness of our mission to prevent child abuse and neglect. With your support, we are keeping kids safe 24 hours a day, 365 days a year!

Warm regards,

*Stephanie*

## GIVING BACK

Giving is easy when someone else gives for you. Crisis Nursery partners with a number of businesses and organizations and can receive donations with your help:

### 1. SCHNUCKS ESCRIP

If you shop at Schnucks, sign up for their escrip program and designate Crisis Nursery as your charity of choice. Each time you use your member card, not only do you get your gas discount, but Crisis Nursery receives a donation as well.

### 2. AMAZONSMILE

You shop, Amazon gives. Simple as that. AmazonSmile ([smile.amazon.com](https://smile.amazon.com)) is the same Amazon you know and love, but Amazon donates 0.5% of the price of your eligible purchases to the charitable organization of your choice. Choose Crisis Nursery and start shopping today!

### 3. THRIVENT CHOICE

Thrivent Financial members can now direct their Thrivent Choice dollars to Crisis Nursery. Since 2010, members have used this program to direct \$300 million to churches and nonprofits nationwide.

Want to learn more about these programs or know of others? Contact [angie@crisisnursery.net](mailto:angie@crisisnursery.net).

## Camp Jackpine: A Happy Place to Play

*The Liautaud Family Foundation was established in December 2016 by Jimmy John's owner, founder and Chairman Jimmy John Liautaud, and his wife Leslie Liautaud. In January 2017, the Liautaud Family Foundation made its first-ever donation to Crisis Nursery. Their \$200,000 donation, along with another \$100,000 donation from an anonymous donor, completed fundraising for the Nursery's recent \$1.9 million capital campaign for building expansion.*

*Jimmy John Liautaud founded Jimmy John's in 1983 in Charleston, Illinois. His sandwich company is one of the fastest growing franchises in the U.S. with more than 2,600 stores in 43 states.*

Jimmy John Liautaud loves to share the love. The sandwich-maker and his family have donated millions of dollars to help people in our community over the years—supporting health and wellness, the military, education initiatives and the arts. And now they're helping prevent child abuse and neglect with their most recent donation to Crisis Nursery.

"It's such a blessing and a gift to be able to help," said Leslie Liautaud. "To me, that's what 'community' is all about. We're there to lend each other a helping hand when needed. And I'm so grateful Crisis Nursery is a part of the Champaign community."



The Liautaud Family Foundation stepped in at a critical time to help the Nursery complete payments for the construction of our newly expanded building. Once fully staffed, the building expansion will allow the Nursery to increase capacity from 12 to 18 children.

"Leslie and I have three beautiful children," Jimmy John said. "Family is everything to us, so

when I got the call about Crisis Nursery, Leslie and I said, 'We're in!' Boom, the deal was done. Life can get tough for folks and sometimes people need some help. Crisis Nursery provides that help to keep families together."

The Nursery's building project, completed last summer, includes new bedrooms, bathrooms, a kitchen and new indoor and outdoor play areas. The largest indoor play area will be named Camp Jackpine, a name selected by the Liautaud Family Foundation.



Camp Jackpine is also a property out-of-state where the Liautauds spend quality time with family and friends.

"Camp Jackpine is my happy place," Jimmy John said. "And the indoor space at the Nursery is such a big, happy safe place for kids to play so it just seemed like the perfect name."

Thanks to the Liautaud Family Foundation's gift, and other generous community donations, the Nursery can now direct fundraising efforts toward hiring and training more staff to serve more children and families in our community and reduce incidences of turning away families. We look forward to increasing and sustaining the quality of care we provide the community in our newly expanded space.

*It's a new day at Crisis Nursery. We have the space. Now we need your help staffing our programs and services. Consider a gift to the Nursery to help us sustain the quality of care we provide children and families in our community. Giving is easy. Click on Make a Donation under Giving Opportunities at [www.crisisnursery.net](http://www.crisisnursery.net) or call Angie Hatfield Marker at (217) 337-2731 for more information. YOU can help Crisis Nursery say "YES" to more children and families in need.*



# Safe Children and Strong Families

## Friends of the Nursery

By Jill Duden

Safe Children Program Coordinator

A big part of my job here at Crisis Nursery is to ensure the children in our care have a positive and meaningful experience during their stay. Most people know we provide a safe place for children whose families are in the midst of a crisis. However many may not know that we also provide meaningful experiences to the children we serve through our Friends of the Nursery program.

Each week, we have special visitors - our Friends of the Nursery - who volunteer their time to provide specialty services to the children staying in our care. We have two therapy dogs that visit on a weekly basis. Herby and Chip are therapy dogs who have received specialized training to provide affection and comfort to individuals in hospitals, nursing homes and other facilities like Crisis Nursery.



Often times, when children are with us they are anxious, scared and unsure of their new surroundings. Our therapy dogs help lower that anxiety and fear a child may be experiencing. They make each child feel more calm and comfortable. The peaceful demeanor of these dogs provides much needed support to children during their family's time of crisis.

The Nursery also receives visits from music students at the University of Illinois. These students visit periodically and play instruments, sing songs and even make homemade instruments for the children in our care.



We are lucky to have a special space in our newly expanded building designated for music and art activities. It's the perfect space to introduce the children to creative visitors like these music students who can enhance a child's stay. Many of the children we serve don't have exposure to preschool or different types of creative play. We love to introduce children to new and different experiences and watch their creativity spike.

We are excited about a new program starting this month called, "Reading with Seniors." We've partnered with Clark-Lindsey retirement community and some of its residents. These senior volunteers will be visiting biweekly to read to the children. We look forward to this multi-generational experience as being a positive for everyone involved. These Friends of the Nursery can't wait to share classical literature they remember reading as children.

At Crisis Nursery, we strive to provide an "Island of Safety" to children and families in crisis in our community. We also strive to provide an "Island of Enrichment" for the children we serve each day. The high quality of care each child receives from our staff, the fun and educational activities we encourage throughout the day, our newly expanded facility and visits from very important volunteer visitors like our Friends of the Nursery ensure a positive, meaningful and enriching experience for each child in our care.

# families - An Island of Safety

## Finding the Light to Bloom

By Jessica McCann  
Family Specialist

Most of the testimonies shared within our Strong Families Beyond Blue perinatal depression program tend to end with a bright side - or at least a light at the end of the tunnel - highlighting concrete progress and an amazing turnaround. However, I think it's important to share the reality that is postpartum depression, when our clients are in the midst of their struggles, as well as the beauty found in our little Crisis Nursery community even during those dark times.

We often discuss recovery, the healing, and the turnaround that proper engagement, support, and resources can bring to a mother suffering postpartum depression. These positive outcomes offer hope and are part of the reason our Beyond Blue program is amazingly successful. Unfortunately, treatment for depression can be a long road and before those beautiful flowers of relief and happiness bloom, the dark storm clouds, the intense strikes of panic and paranoia, and the subtle thunder-strikes of inadequacy are not only real, but unequivocally present.

The complex nature of depression is not the star of this testimony, however. The beautiful flower trying to bloom during the storm is.

Many of our Beyond Blue participants begin their long journey in a place that is neither expected, nor welcomed, and they fear sharing their feelings with anyone because of the stigma surrounding postpartum depression. Our Crisis Nursery Beyond Blue program offers a community of support to help when skies are dark. We are a light for these mothers and a reminder that they are not alone on this long road to healing.

As a Family Specialist, I have the unique privilege of offering encouragement to let these mothers know they are not alone. They are not weird or scary or inadequate. On the contrary, they are brave. They love their babies enough to break their silence and ask for help. After all, asking for help IS a sign of strength.

I was able to reinforce these sentiments with my client, Stacy, earlier this spring. She was in a dark place after giving birth, suffering these same feelings of depression

and inadequacy. Stacy didn't make a miraculous turnaround, at least not in the short time we've been working together. However she did find a safe space with our Beyond Blue program, and the hope to travel that long road of recovery alongside a team of supportive and understanding professionals. She knows she can count on consistent, repeated, positive interaction with a Family Specialist she trusts, support groups where she can connect with other mothers, and a safe place to bring her child for care with no judgement on the days that inner storm takes over.



Through our Beyond Blue program, Stacy found hope. She realized she's not alone in her dark times. She found assistance through the struggle to understand the darkness associated with not feeling happy during what is supposed to be the "happiest time" of her life. And during the storm, she found a little light, and that beautiful flower of relief and happiness began to bloom.

*Crisis Nursery's Beyond Blue program provides services to mothers in Champaign County who are identified as "at risk" for perinatal depression and whose children are less than one year of age. Services are available at no cost through a grant from the Champaign County Mental Health (708) Board and community donations.*

*Do you need help or support? Call 217-337-2730. We provide emergency childcare and support to strengthen families in crisis 24 hours a day, 365 days a year.*

GENEROUSLY SUPPORTED BY



Presence<sup>SM</sup>

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## In Honor of . . .

September 1, 2016 through February 28, 2017 (Given in honor of birthdays, anniversaries, births, Mother's Day, Father's Day, etc.)

- |                           |                                |                             |                              |
|---------------------------|--------------------------------|-----------------------------|------------------------------|
| Ana Sofia Alvarez Wyman   | • Ben Goold and Christie       | • John Jones                | • Virginia Ray               |
| Ann Ambrose               | • Barchenger                   | • Angela Hatfield Marker    | • Delaney Record             |
| Emma and Sam Bennett      | • David Goold                  | • Paul Mayes                | • Kennedy Record             |
| Byrum-Schaller Family     | • Elizabeth Goold              | • Charles Milewski          | • Pamela and Matthew Rispoli |
| Jan Cannaday              | • Linda Green                  | • Porter and Max Milling    | • Ruby's Birthday            |
| Clare Chambers            | • Michael C. Saul and Ryann C. | • Betsy D. Mitchell         | • Lori Schaap                |
| Marci Cook                | • Grove                        | • Ryan Moore                | • Paul Strader               |
| Crisis Nursery Volunteers | • Barbara I. Hall              | • Rosemary Nicholson        | • Marjorie Joan Tate         |
| Jonathan Crowley          | • Sarah Hansman                | • Duncan and Brody Oliveira | • Rowan Trilling-Hansen      |
| Fran and Phil DeMaris     | • Lois Harvey                  | • Katherine O'Neill         | • Heather Tucker             |
| Tammy Drew                | • Gina and Glenn Hayes         | • Kimberly A. Patchett      | • Dallas and Sis Wolf        |
| Grace Elizabeth Ducey     | • Emma Healy                   | • Cassie Paul               | • James and Jessi Young      |
| Mimi Edwards              | • Lisa Hoewing                 | • Samuel Payne              | • Kathryn Zimmerman          |
| Angie Fiala               | • Carisa Jones                 | • The John Rash Family      |                              |

## In Memory of . . .

September 1, 2016 through February 28, 2017

- |                  |                             |                          |                         |
|------------------|-----------------------------|--------------------------|-------------------------|
| Brittany Babb    | • Leon Harms                | • Zachary M. McNabney    | • Raymond Osterbur      |
| Lexi Barbour     | • Genevieve and Hunter Heer | • Louise Morgan          | • Alyssa Robinson       |
| Jane Brichford   | • Len Hernecheck            | • Brek Thomas Neiswender | • Origen and Ruth Ross  |
| Frances Carey    | • Amy A. Kass               | • Jan E. Niederbrock     | • Daniel Schimerowski   |
| Joyce C. Dewey   | • Kenzie and Brynn          | • Mary Alice Nunnery     | • Caroline Segre        |
| Mimi Edwards     | • Michael Kimmel            | • Shawn O'Connor         | • Paul Strader          |
| Flora Faraci     | • Barbara Kobel             | • Doris Osterbur         | • Susan Paine Stromberg |
| Claire Eunsoo Ha | • Suzi McMahan              | • Irene Osterbur         | • Don Tate              |

## BOARD CORNER

*Heather Tucker, Director of Communications for the College of Media at the University of Illinois, joined the board in April, 2014. She sits on the Nursery's Development Committee and is currently serving as the board's secretary. A native of Iowa, she received her undergraduate degree from Drake University and her MBA from Illinois. Heather lives in rural Champaign County with her husband, Wayne and many, many bees.*



Like many, I first learned about Crisis Nursery through a basket auction many years ago. My very good friend, Jen Shelby, was involved with the Nursery and served on the board. For years, we attended the auction as a fun girl's night out. But the more I learned about the organization, the more I understood about its impact in the community.

Even in the very best of circumstances, raising a child can be difficult. When a family doesn't have outside support or struggles financially, it can feel downright impossible. That is where Crisis Nursery comes in.

The crisis care offered by the Nursery provides a safe place for children during difficult times. Seeing the kids playing at the Nursery, having fun, enjoying a carefree moment – that pulls at the heart strings. Knowing their parents are getting the help they need to bring that calm home – that is motivating. Crisis Nursery isn't a band aid. Through counseling and group activities, the Nursery is helping parents build the skills they need to offer an "island of Safety" in their own home.

*There's a lot of good happening at Crisis Nursery. We'd love for you to see it first-hand. Call Angie Hatfield Marker at (217) 337-2731 for a tour.*



## CRISIS NURSERY MISSION

Crisis Nursery creates an “Island of Safety” dedicated to the prevention of child abuse and neglect by providing 24-hour emergency care for children and support to strengthen families in crisis.

## Upcoming Events

### DRESS DOWN TO STAND UP FOR KIDS

Throughout the month of April for a \$5 donation to Crisis Nursery go “casual for a cause” and help prevent child abuse and neglect in Champaign County. Encourage your school or business to participate!

### MILES FOR SMILES

Illinois Marathon, April 21 and 22  
Various race times

Join Crisis Nursery’s Miles for Smiles Team and help us raise money to support children and families in our community.

### DINE&DONATE AT POTBELLY’S

Wednesday, April 26 from 5-8pm  
501 E. Green Street, Champaign

Grab your family and friends and join us for yummy sandwiches to support Crisis Nursery! 25% of proceeds will benefit the Nursery.

### COMMUNITY OPEN HOUSE

Sunday, April 30 from 2-4pm  
Crisis Nursery, Urbana

Tour our newly-expanded building and learn about our programs and services. Join us as we honor our volunteers during National Volunteer Appreciation Week. Everyone in the community is welcome and encouraged to attend!

### 24TH ANNUAL DINNER AND AUCTION

Friday, June 2, 2017

I Hotel & Conference Center, Champaign

SAVE THE DATE for our biggest night of the year!

Tickets go on sale in April. Don’t miss this amazing night!

### 20TH ANNUAL

### THE ANDERSONS GOLF BENEFIT FOR KIDS

Tuesday, June 20, 2017

Stone Creek Golf Club, Urbana

Consider sponsoring a hole or getting a foursome together to participate.

FOR MORE INFORMATION, CONTACT RENAE KIRKTON  
AT 217-337-2731 OR VISIT OUR WEBSITE AT  
[WWW.CRISISNURSERY.NET](http://WWW.CRISISNURSERY.NET)

## IMMEDIATE NURSERY NEEDS

- Gift cards to Walmart, Target, Meijer, County Market, Schnucks, etc.
- Formula: Enfamil Infant, Enfamil Prosobee, Similac Soy Isomil, Similac Organic
- Diapers: Newborn and Size 1, Size 6
- Pull-Ups: all sizes
- Socks: all sizes (especially with grip-bottoms)
- Snack Items: Go-Gurt or yogurt, string cheese, fresh fruit (i.e. Cuties), pretzels, microwaveable pizzas, Jello cups, applesauce, Yogurt Bites, Mac and Cheese, Spaghetti O’s
- Boys and Girls Clothing: Size 2T-5T
- Hand Soap, Clorox Wipes, Hand Sanitizer, Swiffer pads and cleaner, dishwasher soap

Donations are accepted Monday-Friday 8am-5pm. If you’re running errands, consider picking up some items for the Nursery. We appreciate your support!

Want to join our “Friends of the Nursery On-Call Donation Team”? Contact Angie Hatfield Marker at [angie@crisisnursery.net](mailto:angie@crisisnursery.net). We’ll contact you periodically with immediate needs like these.



## SPECIAL THANKS

Many thanks to Patterson Office Supplies, Premier Print Group and Minuteman Press for their donations toward printing services throughout the year.



ISLAND OF SAFETY

1309 West Hill Street  
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**CRISIS NURSERY'S  
24<sup>TH</sup> ANNUAL  
DINNER AND AUCTION**

**SAVE  
THE DATE!**  
FRIDAY, JUNE 2, 2017